



# PREPARE \* PREPARE \* PREPARE



## Hurricane Season June 1 - November 30

*Naples Fire-Rescue wants you to be prepared for hurricane season and by starting early, you'll avoid the chaotic crowds when hurricane watches and warnings are issued!*

6 Basics To Stock From Home:

1. Water
2. Food
3. First Aid Supplies
4. Clothing and Bedding
5. Tools and Emergency Supplies
6. Special Items

A detailed check list of each is on the back.



During an emergency it can take 3 days (or longer) for government groups like FEMA or first responders to arrive. **Remember, hope for 3 days, plan for 5.**



Important: To use a Collier County pet-friendly shelter, you must be preregistered. Please call Emergency Management at 239-252-3600 for further information.





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## FOOD

Store at least a 3 day supply of non-perishable food, that requires no refrigeration, preparation or cooking and little or no water. If you must heat food, pack a can of Sterno.

- Ready-to-eat canned meats, fruits, and vegetables
- Canned juices
- Staples (salt, sugar, pepper, spices, etc.)
- High-energy foods
- Vitamins
- Food for infants
- Comfort/stress foods

## WATER

\*\*Store water in plastic containers such as soft drink bottles. Avoid using containers that will decompose or break, such as milk cartons or glass bottles. A normally active person needs to drink at least two quarts of water each day. Hot environments and intense physical activity can double the amount.

\*Children, nursing mothers, and people with illnesses will need more.

- Store one gallon of water per person per day.
- Keep at least a three-day supply of water per person (two quarts for drinking, two quarts for each person in your household for food preparation/sanitation).

## FIRST AID KIT

Assemble a first aid kit for your home and one for each car.

- (20) adhesive bandages, various sizes
- (1) 5" x 9" sterile dressing
- (1) conforming roller gauze bandage
- (2) triangular bandages

- (2) 3 x 3 sterile gauze pads
- (2) 4 x 4 sterile gauze pads
- (1) roll 3" cohesive bandage
- (2) germicidal hand wipes or waterless alcohol-based hand sanitizer
- (6) antiseptic wipes
- (2) pair large medical grade non-latex gloves
- Adhesive tape, 2" width
- Anti-bacterial ointment
- Cold pack
- Scissors (small, personal)
- Tweezers
- CPR breathing barrier, such as a face shield

## NON-PRESCRIPTION DRUGS

- Aspirin or non-aspirin pain reliever
- Anti-diarrhea medication
- Antacid (for stomach upset)
- Laxative
- Activated charcoal (use if advised by the American Association of Poison Control Centers)

## TOOLS AND SUPPLIES

- Mess kits, or paper cups, plates, and plastic utensils
- Emergency preparedness manual
- Battery-operated radio and extra batteries
- Flashlight and extra batteries
- Cash and/or change
- Non-electric can opener, utility knife
- Fire extinguisher: small canister ABC type
- Tube tent
- Pliers
- Tape
- Compass
- Lighter or matches in a waterproof container
- Aluminum foil
- Plastic storage containers
- Signal flare

- Shut-off wrench to turn off household gas and water
- Whistle
- Plastic sheeting
- List of local shelters

## SANITATION

- Toilet paper, towelettes
- Soap, liquid detergent
- Feminine supplies
- Personal hygiene items
- Plastic garbage bags, ties (for personal sanitation uses)
- Plastic bucket with tight lid
- Disinfectant
- Household chlorine bleach

## CLOTHING AND BEDDING

- Include at least one complete change of clothing and footwear per person.
- Sturdy shoes or work boots
  - Rain gear
  - Blankets or sleeping bags
  - Hat and gloves
  - Thermal underwear\*
  - Sunglasses

## Special Items

### FOR BABY

- Formula
- Diapers
- Bottles
- Powdered milk
- Medications

### FOR ADULTS

- Heart and high blood pressure medication
- Insulin
- Prescription drugs
- Denture needs
- Contact lenses and supplies

## ENTERTAINMENT

- Board games and other games that don't require batteries or electricity, books for adult readers and for children.

## Possessions and Documents

\*\*Keep these records in a water-proof, portable container:

- Will, insurance policies, contracts deeds, stocks and bonds
- Passports, social security cards, immunization records
- Bank account numbers
- Credit card account numbers and companies
- Inventory of valuable household goods, important telephone numbers
- Family records (birth, marriage, death certificates)
- Store your kit in a convenient place known to all family members. Keep a smaller version of the supplies kit in the trunk of your car.

- Keep items in airtight plastic bags.
- Change your stored water supply every six months so it stays fresh.
- Replace your stored food every six months.
- Re-think your kit and family needs at least once a year. Replace batteries, update clothes, etc.
- Ask your physician or pharmacist about storing prescription medications.

## FOR PETS

- Securely fasten a current identification tag to your pet's collar and carry a photograph of your pet. It's important to include the phone number of a friend or family member on the tag so anyone who may find your pet is able to reach someone who knows you.
- Transport pets in secure pet carriers and keep pets on leashes or harnesses.
- Call hotels in a safe/host location and ask if you can bring your pets. Ask the manager if a no-pet policy can be lifted during the disaster. Most emergency shelters do not admit pets.
- Call friends, family members, veterinarians, or boarding kennels in a safe/host location to arrange foster care if you and your pets cannot stay together.
- Pack a week's supply of food, water, and other provisions, such as medication or cat litter.
- Do not wait until the last minute to evacuate. Rescue officials may not allow you to take your pets if you need to be rescued.
- Keep a list of emergency phone numbers (veterinarian, local animal control, animal shelters, Red Cross, etc.)